

THE BUGLE BOY

<http://www.southcom.mil/usag-miami/mwr.html>

September/October 2007

Volume 35

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United States Army Garrison-Miami
Directorate of Morale, Welfare
and Recreation
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305 437-2642

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Comments to:
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SEPTEMBER

4 - CFC Kickoff, Tuesday, 1pm-3pm, Headquarters (HQ), Main Conference Room (MCR)

5 - Checkbook Management, Wednesday, 1pm-2:30pm, U.S. Army Garrison-Miami (USAG-M)

6 - Resume/Interviews/Salary Negotiations Thursday, 8:30am-12pm, USAG-M

8 - Command Spouse Welcome, Saturday, 9am-1pm, HQ

12 - Military Spouse Employment Specialist Wednesday, 8am-12pm, USAG-M, Suite 180

13 - Youth Group - Middle School and High School, Thursday, 7:30-4 USAG-M

Deadline for SeaWorld

14 - CFC Speaker, Thursday, 9am-10am HQ, MCR

15 - Trip to SeaWorld, Saturday, Military & dependents - \$10, Non-Military adults - \$65, Non-Military child - \$55

19 - CFC Tour of Goodwill Industries Wednesday, 1pm-3pm, meet at HQ

Military Spouse Employment Specialist 8am-12pm USAG-M, Suite 180

20 - Parent Advisory Committee Meeting Thursday, 11:30-12:30/Falcon's Nest, 28999 Coral Sea Blvd (Bldg 401), Homestead ARB

21 - CFC Car Wash, Friday, 3pm-5pm, HQ, north entrance

26 - Newcomer Orientation, Wednesday, 8am

-11am, USAG-M, Suite 180

Military Spouse Employment Specialist, 8am-12pm, USAG-M, Suite 180

27 - Interview/Resources Workshop, Thursday 9am -12pm, USAG-M

28 - Miami Tour, Friday, 9am- 4pm, meet at USAG-M
CFC Walkathon, 1pm - 3pm, J.C. Bermudez Park

OCTOBER

4 - Deadline for Animal Kingdom, Thursday

5 - Training Holiday, Friday

6 - Trip to Animal Kingdom, Saturday, 6am-7pm, Adults, \$72, Children \$62

8 - Columbus Day, Monday

10- Military Spouse Employment Specialist, Wednesday, 8am-12pm, USAG-M, Suite 180

16-18 - Pre-Separation Transition Assistance Program (TAP) Tuesday - Thursday, 8am-4pm, USAG-M

16 - CFC Testimonial, Girl Scouts, Tuesday, 9am - 10 am, HQ, MCR

17 - Military Spouse Employment Specialist Wednesday, 8am-12-pm, USAG-M, Suite 180

18 - Deadline for Halloween Horror Nights, Thursday

20 - Trip to Halloween Horror Nights

23 - Newcomer Orientation, Tuesday, 9am -12pm, USAG-M, Suite 180

24 - Miami Tour, Wednesday, 9am-4pm, meet at USAG-M

Military Spouse Employment Specialist, 8am-12pm, USAG-M, Suite 180

25 - Personal Finance, Thursday, 1pm-3pm, USAG-M, Suite 180

30 - CFC Testimonial, CHARLEE, Tuesday, 9am - 10am, HQ, MCR

NOVEMBER

8 - CFC Testimonial Dade Marine Institute, Thursday, 9am-9:45am, HQ, MCR

14 - Military Spouse Employment Specialist, Wednesday, 8am-12pm, USAG-M, Suite 180

19 - Newcomer Orientation, Monday, 9am -12pm, USAG-M, Suite 180

21 - Military Spouse Employment Specialist, Wednesday, 8am-12pm, USAG-M, Suite 180

24 - Miami Tour, Wednesday, 9am- 4pm, meet at USAG-M

25 - Personal Finance, Thursday, 1pm-3pm, USAG-M, Suite 180

29 - CFC Testimonial, Big Brothers Big Sisters, Thursday, 9am - 10am, HQ, MCR

Classes and Events - For more information or to register, call the Family Support Center, 305 437-2665. Trips - Reserve and pay for trips at the ITR Office - #1303A, Headquarters, 305 437-1595. *All ITR Tickets are subject to a \$10 fee per person.

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After Duty Hours - (305) 437-4900

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WHAT'S UP IN SOUTH FLORIDA?

14th Annual HOLLYWOOD BEACH LATIN FESTIVAL

Sunday, 16 September, Noon - 8 p.m. Local and international entertainers and folkloric performances. Latin Food; Arts & Crafts; Health Court & Kids Fun. Hollywood Beach Broadwalk Free, www.hollywoodlatinfestival.com. 954.921-3404/954.625-6616.



LAS OLAS ART FAIR

Saturday and Sunday, 6-7 October, 10am-5pm, Las Olas Boulevard, Fort Lauderdale. Outdoor street art festival features nearly 250 national exhibiting artists. Free. 954.472-3755.



HOLLYWOOD FESTIVAL OF THE ARTS

Saturday, 20 October, ArtsPark at Young Circle, Saturday 10am - 6pm, Sunday, 10am - 5 pm. Juried art show featuring 50+ local and national artists competing for cash prizes. Children's art activities, music. Free. 954.921-3404.

OKTOBERFEST

5 to 14 October. Enjoy German food, beer, music and entertainment at this annual fall festival. Fritz and Franz Bierhaus, 60 Merrick Way, Coral Gables, 305.774.1883, <http://www.bierhaus.cc/>.



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WHAT'S UP IN MWR ?

US Army Garrison-Miami Holds Biggest Loser Competition

MWR Sports and Fitness is hosting a "Biggest Loser" contest. The mini-version of the competition started in June with about 20 female participants. The unrehearsed weight-loss competition is based on the popular NBC reality show, "The Biggest Loser." The object is to lose the most weight in a safe and healthy manner in a three month period. This is an individual competition; the person who loses the most body fat will win.



Body Sculpting Class participant

It began when SFC Lashanda Roberson and Msgt Rhonda Brooks met with Jill Hauser, MWR Recreation Specialist, to discuss implementing the program for a group of women who had expressed interest in losing weight. The women needed a little help in sticking to their goals. MWR Sports and Fitness offers specialized fitness classes to help the participants. Each week, the participants are weighed and each pound lost or added is recorded. MWR Personal Trainer, Francisco Same, offers body sculpting and boot camp classes twice a week. Participants are given a suggested diet plan, along with the free fitness classes. The goal is to teach participants to incorporate physical fitness and proper healthy nutrition for the rest of their lives.

The competition is ongoing and a winner has not yet been declared.



Cheri Kenyon gets serious in Body Sculpting Class

MWR has received only positive comments from all the participants. When this competition is over, the MWR Sports and Fitness would like to take it Command-wide. If there is enough interest, the "Biggest Loser" will become a team competition instead of an individual competition.

Although the US Army Garrison-Miami winner won't win \$100,000, as on the tv show, there will be a big incentive to make it worth your while. Stay tuned for the next Biggest Loser competition coming soon. If you are interested in participating in the next Biggest Loser competition, contact Jill Hauser at 305 437-1595 or via email, jill.hauser@hq.southcom.mil.



FILM and NOTABLE AUTHOR SERIES SCHEDULE

21 September, Film: Soñar no cuesta nada (Ton of Luck). Panelists: Senior Colombian Government Official, Mr. Jorge Mario Eastman Robledo and Former Colombian Military Commander,

General (Retired) Carlos Alberto Ospina Ovalle. Time: To be announced.

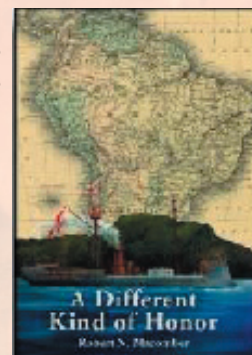


2 October,
Film: Men
with Guns (T)
Panelists: TBD,
Time: TBD.

19 November:
Notable
Authors Series.
A Different
Kind of Honor
by Robert
Macomber.

Website: Topic: South America's War of the Pacific: A Study in Strategic Innovation and Perseverance. <http://www.robertmacomber.com/>.

All events will take place in the Main Conference Room, Headquarters, U.S. Southern Command and are sponsored by ManTech International and Ocean Bank. Many thanks to Costco Wholesale for sponsoring the refreshments.



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Spouse Welcome 8 September

Newcomers and seasoned family members, attend the Spouse Welcome on 8 September at USSOUTHCOM Headquarters. Call 305 437-2665 for more information.

Free Money for College



Are you the Family Member of an active duty or retired Soldier? Are you a full-time student? If you answered yes to both of these questions, then you may qualify for one of two scholarships from Army Emergency Relief (AER). AER is the same agency that provides emergency funds to service members facing financial hardships.

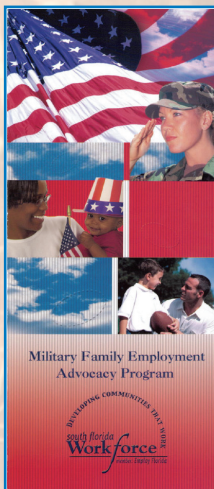
The MG James Ursano Scholarship Fund administered by AER was established in 1976 as a secondary mission to help Army families with the costs of post secondary undergraduate level education, vocational training, and preparation for acceptance by military service academies for their dependent children.

The Stateside Spouse Education Assistance Program (SEAP) is a need-based education assistance program designed to provide spouses of active duty and retired Army Soldiers, and widows(ers) of Army Soldiers who died either on active duty or in a retired status, and residing in the United States, with financial assistance in pursuing educational goals.

Detailed information and applications are available online at www.aerhq.org.

Family members of Navy, Air Force, Marine Corps, and Coast Guard personnel have similar programs. For information and details, visit the following websites: The Air Force Aid Society www.afas.org; Navy-Marine Corps Relief Society www.nmcrrs.org; and Coast Guard Mutual Assistance www.cgmua.org.

Questions? Please call the U.S. Army Garrison-Miami AER Office at 305 437-2665.



Active Duty Military Spouse Seeking Employment Information?

Contact: Collette Delgado
Military Spouse Employment Specialist
(305) 228-2300, Ext. 4235

South Florida Workforce
West Dade Career Center
2700 SW 97th Avenue
Miami, Florida 33165
cdelgado@southfloridaworkforce.com
www.southfloridaworkforce.com

SPOUSES CORNER

USSOUTHCOM Community Information Meeting (SCCIM)

SCCIM is held the last Thursday of each month. Zip Code Group Coordinators disseminate information from the SCCIM to the zip code groups. All spouses are encouraged to submit concerns/issues to your area zip code coordinator. The purpose is to share ideas and make living in South Florida an enriching experience. Meetings: 10 a.m., 8300 NW 33rd Street, (Air Jamaica/Codina Building,) Conference Room. For more information, call (305) 437-2665.

ZIP CODE GROUP POCs:

• Doral, Miami Lakes, North Miami, North Miami Beach:

Lisa Gallander
(305) 994-3593 - home
(786) 367-9206 - cell
Immarie84@yahoo.com
Sophie Parazo
(305) 716-9085 - home
(786) 246-4054 - cell
mamanmiko@yahoo.com

• Kendall, Hammocks, Pinecrest, Palmetto Bay, etc.

(Volunteer needed for this group call (305) 437-2665)

• Broward County: (<http://groups.yahoo.com/group/SouthComSpousesBroward/>)

Moraima (Mo) Lluberes
mo.lluberes@us.army.mil,
moaquino@hotmail.com
(954) 437-2760 - home
(561) 302-8916 - cell
Nila Mistry
NilaMistry1@yahoo.com
(954) 239-5388

• All SOCSOUTH Families:

Mary Ann Cleveland
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Emergency Financial Help is Available



Army Emergency Relief (AER) at U.S. Army Garrison-Miami (USAG-M) provides emergency loans and grants to service members and families who are facing urgent financial hardships. AER funds can be provided to assist with urgent needs for rent, utilities, food, emergency travel, repair of essential privately owned vehicle, non-receipt of pay, funeral expenses, emergency medical or dental expenses, and clothing after fire or other disasters. AER does not normally assist with legal expenses, debt payments, bad check fees or penalties, marriage or divorce. AER also does not normally assist with living expenses while service members are on ordinary leave. Normally, assistance is given in the form of an interest-free loan, or in cases of extreme hardship, a grant or combination of a loan and grant may be approved.

The following are eligible for assistance: Service members on extended active duty and their family members; reserve component serving under Title 10 and their family members; retired service members and their family members; surviving spouses and orphans.

AER also provides scholarships for undergraduate education of dependent children and spouses of active duty Soldiers.

For more information please or to apply for emergency financial assistance, please contact the USAG-M AER Office at 305 437-2665. For after-hours emergencies, contact the American Red Cross at 866 846-4357 or 877 272-7337.



Pre-Separation Brief/TAP Workshop 16-18 October

The Pre-Separation/Transition Assistance Program (TAP) provides comprehensive transition assistance



benefits and services for service members who are separating from active duty within 180 days and their spouses. As a matter of policy, former service members may attend the Pre-Separation/TAP Workshops on a space available basis. The Department of Labor, in conjunction with the Department of Defense and Department of Veterans Affairs conduct these workshops. All attendees must attend a mandatory Pre-Separation Brief prior to attending TAP. During the mandatory Pre-Separation Brief, a DD2648 is completed. Other briefs conducted include Veterans Benefits, Disabled Veterans Benefits, and Tricare for retirees, Transportation,

DD214, Security Clearances and employers presenting their point of view. Military members who have not attended a Pre-Separation Brief are welcome to contact the Employment Readiness Program Manager for an individual brief that will only cover the mandatory DD2648 brief.

The TAP workshops consist of two 1/2 days covering information on personal appraisal, career exploration, strategies for an effective job search, interviews, resumes, reviewing job offers, support and assistance. The next Pre-Separation/TAP Workshop is on 15-18 October at USAG-Miami, 8300 NW 33rd Street, Suite 180, Doral, Florida.

To register call 305 437-2665/1958, or E-mail joe.pagan@hq.southcom.mil.



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KID'S CORNER

TEENS - Join our Middle School to High School Youth Group



Middle and high school youth group members bowled, ate pizza and hot dogs while making new friends and having fun on 27 July.

Want to go places, do things, and have fun? All military and DoD middle and high school students interested in joining a youth group to make a difference in the community, plan activities and meet other students are invited to

share ideas for youth sponsorship programs, youth orientation and participation in local youth activities.

The Middle School and High School Youth Group will meet Thursday, 13 September, 7:30 a.m. to 4:00 p.m. at US Army Garrison-Miami (USAG-M), Suite 180. Cost: free to military and DoD dependants, lunch and activity included. Special activity to be announced. To register, complete a permission slip at Morale, Welfare and Recreation,

Miami-Dade and Broward School Calendar 2007-2008

September 3 - No school
September 13 - No school, MWR youth group meeting – all day
October 26 - No school



USAG-M, Suite 180. POC School Liaison Officer, Bambie. Bekins@hq.southcom.mil

or 305 437-1141.

Parent Advisory Committee Meeting

Thursday, 20 September, 11:30 a.m. to 12:30 p.m., Falcon's Nest, 28999 Coral Sea Blvd (Bldg 401), Homestead Air Reserve Base, Florida. Join other military and DoD parents in developing a parent advisory committee to link parent support networks, share school of choice successes, identify local school/child care issues, and link parents to workshops/resources. POC School Liaison Officer, Bambie.Bekins@hq.southcom.mil or 305 437-1141.

NEED TO KNOW NUMBERS

Directorate of Morale, Welfare and Recreation (MWR)

<http://www.southcom.mil/usag-miami/mwr.html>

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sheryl.byrd@hq.southcom.mil

Administration, Vilma Lesesne (305) 437-3148
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Financial Management Officer, Marisol Archibold
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Helen Colby, helen.colby@hq.southcom.mil (305) 437-3149

E-mail: mwrcustomerservice@hq.southcom.mil
Toll Free Hot Line: 1 (877) 291-1604

Recreation Services

Recreation and Sports, Stephen Ondriezek (305) 437-2726
stephen.ondriezek@hq.southcom.mil

Information, Tickets and Registration, <http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr-itr.htm>

Eric Ruiz, eric.ruiz@hq.southcom.mil (305) 437-1595

Jill Hauser, jill.hauser@hq.southcom.mil

Angelique Williams, angelique.williams@hq.southcom.mil

Fitness Center (305) 437-1152

Billy Floyd, billy.floyd@hq.southcom.mil

Jimmy Johnson, james.johnson@hq.southcom.mil

Frank Same, francisco.same@hq.southcom.mil

Better Opportunity for Single Service Members (BOSS)
<http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr-boss.htm>

Child and Youth Services (CYS) <http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr-youth.htm>

CYS Coordinator, Ileana Gonzalez-Posada (305) 437-2633

ileana.gonzalezposad@hq.southcom.mil

School Liaison, Bambie Bekins (305) 437-1141

Bambie.Bekins@hq.southcom.mil

Family Support Division (FSD)

<http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr-fsc.htm>

Army Community Service Director

Victoria DuBois (305) 437-2644

victoria.dubois@hq.southcom.mil

Administration (305) 437-2665

Consumer Affairs/Emergency Financial Assistance

richard.zimmelman@hq.southcom.mil (305) 437-2645

Employment Readiness/Transition Assistance,

Joe Pagan (305) 437-2639

joe.pagan@hq.southcom.mil

Family Advocacy/Exceptional Family Member

Vacant (305) 437-2642

Information & Referral

Briseida Herrera (305) 437-2642

briseida.herrera@hq.southcom.mil

Relocation Readiness, Vacant (305) 437-2665

Volunteer Coordinator, Mary Ortiz (305) 437-2667
mary.ortiz@hq.southcom.mil

Substance Abuse Program (SAP)/Employee Assistance

<http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr-alcohol.htm>

SAP Officer, Guy Drab (305) 437-3078

guy.drab@hq.southcom.mil

IBT - Installation Biochemical Testing Coordinator

Connie Sova (305) 437-2428/2723

connie.sova@hq.southcom.mil

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john.knoebel@hq.southcom.mil

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Housing Referral (305) 437-2656

Education Service (305) 437-2287

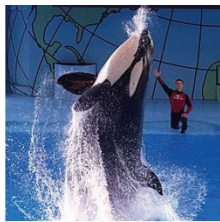
Carlson Wagonlit 1 (800) 579-6681

Opa-Locka USCG Vet Services (305) 953-2363

(POC - Bob Sova) rsova@airstamiami.uscg.mil

LEAVE THE DRIVING TO US - MWR TRIPS

Saturday
15 September
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dependents- \$10
Non Military
Adults- \$65
Non Military Children- \$55



Saturday, 20 October
UNIVERSAL'S
HALLOWEEN
HORROR NIGHTS



Saturday, 17 November
BUSCH GARDENS TAMPA
Military and dependents- \$10
Civilian Adults-\$65
Civilian Children-\$55



Saturday, 6 October
DISNEY'S ANIMAL KINGDOM
Adults - \$72
Children - \$62

All trips depart from the East parking lot at Headquarters at 6 a.m. and depart from each attraction at 7 p.m. Deadline to sign up for trips is close of business the Thursday before each trip. All prices include transportation, parking, tolls and entrance to the attraction. Prices and times are subject to change. Tickets are available in the ITR, HQ.# 1303A. Phone: (305) 437-1595.

The Bugle Boy is a bimonthly publication of the Directorate of Morale, Welfare and Recreation, U.S. Army Garrison-Miami, and is published for members of the United States Southern Command. Contents of The Bugle Boy are not necessarily the official views of, or are endorsed by the U.S. Government, the Department of Defense or the U.S. Southern Command. The distribution, mention or use of any sponsor's products, services, or funds by the U.S. Southern Command does not express or imply an endorsement of the sponsor. All submissions are subject to editing. The appearance of advertising in this newsletter does not constitute endorsement by the Department of the Army, the U. S. Southern Command or the U.S. Army Garrison Moral, Welfare and Recreation Fund. Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other non-merit factor of the purchaser, user or patron. If a violation or rejection of this policy of equal opportunity by the advertiser is confirmed, the publisher shall refuse to print advertising from that source until the violation is corrected. To submit story ideas, articles, or purchase advertising, call the editor at 305 437-2639. Visit our web site at <http://www.southcom.mil/usag%2Dmiami/sites/mwr/mwr.htm>.

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